

Sun	Mon	Tue	Wed	Thu	Fri	Sat
(1A)= 1st Floor Activity Room (1G) = 1st Floor Gym (D) = 1st Floor Dining Room (1FS) = 1st Floor Fireside room (2JR) = 2nd Floor Juniper Room (2B) = 2nd Floor Billiard Room (2CR) = 2nd Floor Card Room (3AC) =3rd Floor Art/Craft Room (3T) = 3rd Floor Theater (3C) = 3rd Floor Chapel (FP) = Fire Pit Area				1 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 11:15 Sit-N-Fit (1A) 1:00 Functional Circuit (1A) 2:00 Yoga (1A) 2:00 Phone/Computer Help (1FS) 2:30 Poker (2B) 3:00 Show and Tell (1A) 	2 8:45 Morning Exercise (1A) 10:00 Bible Study (2JR) 11:30 Communion (2JR) 1:00 Posture Fix (3T) 1:15 Meditation (3T) 1:30 Art with Cheyanne (3AC) 2:00 Balance (1A) 4:00 Happy Hour (1A)	3 9:00-1:00 In room Tech help 10:00 Safeway Shopping 10:00 Rosary (3C) 10:00 Canasta (2CR) 10:45 Rides to House of Covenant 1:00 Bingo (1A) 2:00 Shopping Trip 7:00 Saturday Night Movie (3T)
4 Independence Day 10:00 Zion Lutheran Worship service w/ Holy Communion (3T) 10:30-2:00 BBQ w/ entertainment (Patio) 11:00 First Pres. Church Service ch. 12 1:00 Busy Fingers (3AC) 1:00 Bridge Club (2JR) 8:00 WW Fireworks (out front)	5 8:45 Morning Exercise Video (1A) 10:00 Virtual Travel (3T) 12:00 Jo T. on the Piano (D) 2:00 Matinee Movie (3T) 2:30 Crosswords (1FS) 3:00 Sing Along Music (1A) 6:30 Mexican Train (2JR)	6 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 10:00 Blood Pressure Check (2JR) 11:15 Sit-N-Fit (1A) 11:45 Ale Trail 1:00 Functional Circuit (1A) 2:00 Yoga (1A) 3:30 Resident Birthday Party (1A) 4:30 Left, Right, Center (1A) 	7 8:45 Morning Exercise (1A) 10:00 Scrabble (2CR) 1:00 Chair Volleyball (1A) 2:00 Balance (1A) 2:00 Western Movie (3T) 3:00 Wine Social outside (FP) 	8 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 9:30 Gardening w/ Bend Urban Gardens 10:00 Men's Group to Bend Distilling 11:15 Sit-N-Fit (1A) 1:00 Functional Circuit (1A) 2:00 Yoga (1A) 2:00 Phone/Computer Help (1FS) 2:30 Poker (2B) 3:00 Western Story Teller (1A)	9 8:45 Morning Exercise (1A) 10:00 Bible Study (2JR) 10:30 Winery Outing to Faith, Hope and Charity 11:30 Communion (2JR) 1:00 Posture Fix (3T) 1:15 Meditation (3T) 1:30 Art with Cheyanne (3AC) 2:00 Balance (1A) 4:00 Happy Hour (1A)	10 9:00-1:00 In room Tech help 10:00 Safeway Shopping 10:00 Rosary (3C) 10:00 Canasta (2CR) 10:45 Rides to House of Covenant 1:00 Bingo (1A) 2:00 Shopping Trip 7:00 Saturday Night Movie (3T)
11 10:00 Country Drive 11:00 First Pres. Church service ch.12 11:00 Coloring Club (2JR) 1:00 Busy Fingers (3AC) 2:30 Craft w/ Cheyanne (3AC)	12 8:45 Morning Exercise (1A) 10:00 Book Club (1FS) 12:00 Jo T. on the Piano (D) 1:00 Posture Fix (3T) 1:15 Meditation (3T) 2:00 Matinee Movie (3T) 2:00 Balance (1A) 2:30 Crosswords (1FS) 3:00 Sing Along Music (1A) 6:30 Mexican Train (2JR)	13 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 10:45 Hike and Picnic 2:00 Yoga (1A) 4:00 Left, Right, Center (1A) 	14 8:45 Morning Exercise (1A) 10:00 Scrabble (2CR) 11:00 Lawn Games 1:00 Cardio Drumming (1A) 2:00 Balance (1A) 2:00 Western Movie (3T) 3:00 Game Social (1A) 6:00 Shoot the Breeze (garden)	15 8:45 Morning Exercise Video (1A) 10:00 Bingo (1A) 11:00 Cooking W/ Chef (2JR) 2:00 Food Committee Meeting (D) 2:00 Phone/Computer Help (1FS) 2:30 Poker (2B) 3:00 News and Brews (1A) 	16 8:45 Morning Exercise Video (1A) 10:00 Bible Study (2JR) 11:00 Lunch Out 11:30 Communion (2JR) 1:30 Art with Cheyanne (3AC) 4:00 Happy Hour (1A)	17 9:00-1:00 In room Tech help 10:00 Safeway Shopping 10:00 Rosary (3C) 10:00 Canasta (2CR) 10:45 Rides to House of Covenant 1:00 Bingo (1A) 2:00 Shopping Trip 7:00 Saturday Night Movie (3T)
18 10:00 Zion Lutheran Worship service w/ Holy Communion (3T) 10:00 Country Drive 11:00 First Pres. Church service ch.12 11:00 Coloring Club (2JR) 1:00 Busy Fingers (3AC) 1:00 Bridge Club (2JR) 2:00 Broadway Musical (3T) 2:30 Card Making w/ Cheyanne (3AC)	19 8:45 Morning Exercise (1A) 10:00 Virtual Travel (3T) 12:00 Jo T. on the Piano (D) 1:00 Posture Fix (3T) 1:15 Meditation (3T) 2:00 Matinee Movie (3T) 2:00 Balance (1A) 2:30 Crosswords (1FS) 3:00 Sing Along Music (1A) 6:30 Mexican Train (2JR)	20 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 11:45 Ale Trail 11:15 Sit-N-Fit (1A) 1:00 Functional Circuit (1A) 2:00 Yoga (1A) 3:00 Resident Meeting (1A) 4:00 LRC (1A)	21 8:45 Morning Exercise (1A) 10:00 Scrabble (2CR) 1:00 Chair Volleyball (1A) 2:00 Balance (1A) 2:00 Western Movie (3T) 3:00 Wine Social w/ “2 Jazz Guys” (1A)	22 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 10:00 Men's Group to Madras Air Museum 9:30 Gardening Club (garden) 11:15 Sit-N-Fit (1A) 1:00 Functional Circuit (1A) 2:00 Phone/Computer Help (1FS) 2:00 Yoga (1A) 2:30 Poker (2B)	23 8:45 Morning Exercise (1A) 9:30 Golf trip to Old Back 9 10:00 Bible Study (2JR) 11:30 Communion (2JR) 1:00 Posture Fix (3T) 1:15 Meditation (3T) 1:30 Art with Cheyanne (3AC) 2:00 Balance (1A) 4:00 Happy Hour (1A) 	24 9:00-1:00 In room Tech help 10:00 Safeway Shopping 10:00 Rosary (3C) 10:00 Canasta (2CR) 10:45 Rides to House of Covenant 1:00 Bingo (1A) 2:00 Shopping Trip 7:00 Saturday Night Movie (3T)
25 10:00 Country Drive 11:00 First Pres. Church ch.12 11:00 Coloring Club (2JR) 1:00 Busy Fingers (3AC) 2:30 Craft w/ Cheyanne(3AC) 	26 8:45 Morning Exercise (1A) 10:00 Virtual Travel (3T) 12:00 Jo T. on the Piano (D) 1:00 Posture Fix (3T) 1:15 Meditation (3T) 2:00 Matinee Movie (3T) 2:00 Balance (1A) 2:30 Crossword (1FS) 3:00 Sing Along Music (1A) 6:30 Mexican Train (2JR)	27 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 10:45 Hike and Picnic 2:00 Yoga (1A) 4:00 Left, Right, Center (1A)	28 8:45 Morning Exercise Video (1A) 10:00 Scrabble (2CR) 11:00 Lawn Games 1:00 Cardio Drumming (1A) 2:00 Balance (1A) 1:00 Craft w/ Becca (2JR) 2:00 Western Movie (3T) 3:00 Ice Cream Social (1A) 6:00 Shoot the Breeze((garden)	29 8:45 Morning Exercise (1A) 10:00 Bingo (1A) 11:15 Sit-N-Fit (1A) 1:00 Functional Circuit (1A) 2:00 Phone/Computer Help (1FS) 2:00 Yoga (1A) 2:30 Poker (2B) 3:00 Wines around the World (3T) 	30 8:45 Morning Exercise (1A) 10:00 Bible Study (2JR) 10:00 Activities Committee 11:30 Communion (2JR) 1:00 Posture Fix (3T) 1:15 Meditation (3T) 1:30 Art with Cheyanne (3AC) 2:00 Balance (1A) 4:00 Joke Happy Hour (1A)	31 9:00-1:00 In room Tech help 10:00 Safeway Shopping 10:00 Rosary (3C) 10:00 Canasta (2CR) 10:45 Rides to House of Covenant 1:00 Bingo (1A) 2:00 Shopping Trip 7:00 Saturday Night Movie (3T)